

ANN ARBOR RUNNING COMPANY & RUNNING FIT
SALINE FRESHMAN / SOPHOMORE "TRACK TOWN SHOW DOWN!"

THE MEET WILL BE AN UNSCORED EVENT.

WE WILL LIMIT THIS EVENT TO 12 SCHOOLS / 12 TEAMS PER GENDER

DATE: THURSDAY, April 25, 2024

SITE: SALINE HS TRACK

1300 CAMPUS PARKWAY, SALINE, MI 48176

SALINE HIGH SCHOOL HAS A STATE OF THE ART FACILITY!

ALL ENTRIES AND RESULTS WILL BE PROCESSED ON ATHLETIC.NET

ATHLETES CAN PARTICIPATE IN A MAXIMUM OF FOUR EVENTS EACH.

You can run multiple relays in each relay event.

There is no limit to the number of athletes you can have compete in any event.

Note: This could change if we get more teams than we have had in the past at this event.

Final Decisions on athlete participation numbers will be made by April 15.

ENTRY FEE: \$200 per gender / team

\$400 combined men + women

NOTE: ALL RESULTS will be available on line during the meet and will also be emailed upon completion of the meet.

NOTE: Contact Meet Manager Tom (Mick) Micallef with questions. 734.649.2091

Email: tommicallef@gmail.com US MAIL: Tom Micallef / Meet Manager 7184 Steeplechase Drive Saline, MI 48176

Register on Athletic.net but please, we need contracts returned via email or US mail to insure your spot in this event.

MEDALS WILL BE AWARDED TO THE TOP THREE PLACES IN ALL EVENTS.

ADDITIONALLY, EACH TEAM WILL BE AWARDED

THREE HONOR MEDALS TO GIVE OUT AT COACHES DISCRETION.

ALL FIELD EVENTS will begin at 4:00 PM:

TRACK EVENTS will begin at 4:30 PM

3200 RELAY

Multiple Heats

100 / 110 HURDLES:

Multiple Heats.

No rounds of competition.

FRESHMAN 100 DASH

Multiple Heats.

No rounds of competition.

SOPHOMORE 100 DASH

Multiple Heats.

No rounds of competition.

800 RELAY

Multiple Heats

FRESHMAN 1600 RUN

Multiple Heats

SOPHOMORE 1600 RUN

Multiple Heats

400 RELAY

Multiple Heats

400 DASH

Multiple Heats

300 HURDLES

Multiple Heats

800 RUN

Multiple Heats

200 DASH

Multiple Heats.

No rounds of competition.

3200 RUN

Multiple Heats

1600 RELAY

Multiple Heats

Note Please: Meet Management reserves the right to make changes to the format listed above.
Additional Information will be distributed to coaches as we approach the starting line of this event.